

GENERAL OUTLINE FOR GROUP LEADERS

STEPS	OBJECTIVE	TEXTS FOR TEENS	ACTIVITIES
<p>“AM I THE BEST?!?” Bye, bye pride</p>	<ul style="list-style-type: none"> •To learn how to recognize and love one’s own qualities as well as one’s limitations. •To become aware that personal capacities must be developed not in order to do better than others do but to put these at their service. 	<p>CHIARA LUBICH, Pride, from her talk “No to vices, Yes to virtues”, Gen 3 Congress 1973, Rocca di Papa, Text and Video</p> <p>CHIARA LUBICH, Excerpt from the Word of Life, April 2004, Text</p>	<ul style="list-style-type: none"> • No to inflated balloons: game • Inside the image: activity to discover, together with the youth, the message of the allegorical design for pride • Let’s give space to others: activity to help us practice the effort of seeing the positive that others can give us.
<p>“I’LL GIVE YOU SPACE!” Hello humility</p>	<ul style="list-style-type: none"> •To strengthen the awareness of the importance and value of each person who lives beside us. •To experience the joy of being the first to love, giving space to the other – his or her needs, what he or she knows, and his or her opinion. 	<p>CHIARA LUBICH, Humility, from her talk “No to vices, Yes to virtues”, Gen 3 Congress 1973, Rocca di Papa, Text and Video</p> <p>CHIARA LUBICH, Art of Loving, Città Nuova, Rome 2005, p. 56</p>	<ul style="list-style-type: none"> • Giving space to others: game • Humility in movies: suggested cartoon video clip to help reflect on humility • Humility at the time of Jesus: activity on the Gospel passage of Jn 13,14
<p>“IS IT ALL MINE?!?” Bye, bye, greed</p>	<ul style="list-style-type: none"> •To learn how to recognize behavior that leads to keep only for oneself what one has, without considering the needs of others. •To give space to generosity in daily life. 	<p>CHIARA LUBICH, Greed, from her talk “No to vices, Yes to virtues”, Gen 3 Congress 1973, Rocca di Papa, Text and Video</p> <p>CHIARA LUBICH, Answer to the Gen 3 Congress, ages 9-12, Rome, June 22 2000, Text and video</p>	<ul style="list-style-type: none"> • The sack with a hole in it: team game • Inside the image: activity to discover, together with the youth, the message of the allegorical design of greed • Greed in movies: suggested brief cartoon video clip to reflect on greed • Savings box of giving: activity to help train our freedom that comes from giving of ourselves from our own free choice.
<p>“EVERYTHING BELONGS TO GOD!!” Hello generosity</p>	<ul style="list-style-type: none"> •To strengthen the certainty that small acts of generosity can make the world around us better. •To experience the joy that comes from living the culture of giving and sharing. 	<p>CHIARA LUBICH, Generosity, from her talk “No to vices, Yes to virtues”, Gen 3 Congress 1973, Rocca di Papa, Text and Video</p> <p>CHIARA LUBICH, Answer to the Gen 3 Congress, ages 9-12, Rome, June 22 2000, Text and video</p>	<ul style="list-style-type: none"> • A pudding for you: game by pairs • Generosity at the time of Jesus: activity on the Gospel passage of Mt 10, 17-27 • Generosity in movies: suggested video clip to reflect on generosity • Moving into action: two input on how to live the Culture of Giving concretely

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<p>“NO LIMITS!” Bye, bye lust</p>	<ul style="list-style-type: none"> • To understand the importance of respecting and keeping the privacy of our body and that of others. 	<p>CHIARA LUBICH, Lust, from the talk “No to vices, Yes to virtues”, Gen 3 Congress 1973, Rocca di Papa, Text and Video</p> <p>CHIARA LUBICH, Answer to the Gen 3 Congress, ages 9-12, Rome, June 22 2000, Text and video</p>	<ul style="list-style-type: none"> • Let’s free ourselves: group game • Inside the image: activity to discover, together with the youth, the message of the allegorical design of lust. • Seeing the world with the eyeglasses of respect and of love: activity that helps train ourselves to look at the world with respect and love, the way Jesus sees it
<p>“FREE TO LOVE!” Hello purity</p>	<ul style="list-style-type: none"> • To encourage the inner search for positive values (purity, love and respect) that can guide the youth in their daily choices. • To be aware that one can express his/her opinion in an open and consistent way, by explaining one’s motivations. 	<p>CHIARA LUBICH, Purity, from the talk “No to vices, Yes to virtues”, Gen 3 Congress 1973, Rocca di Papa, Text and Video</p> <p>CHIARA LUBICH, Excerpt from her talk at Piccolo Seme, Loppiano, May 6, 1995, Text</p>	<ul style="list-style-type: none"> • A clear and sharp look: team game • We live this way: role-playing game on the challenge of living purity and expressing our values at school • Moving into action: two input to help train ourselves to live purity in a concrete way
<p>“AM I ABOUT TO EXPLODE?!” Bye, bye anger</p>	<ul style="list-style-type: none"> • To become aware of anger, know how to handle it and direct it towards constructive and positive behavior. 	<p>CHIARA LUBICH, Anger, from the talk “No to vices, Yes to virtues”, Gen 3 Congress 1973, Rocca di Papa, Text and Video</p> <p>CHIARA LUBICH, Answer to the Gen 3 of Holland, Amsterdam March 27, 1982, Text and video</p>	<ul style="list-style-type: none"> • Who makes the most noise?: team game to train ourselves not to be overcome by anger • Inside the image: activity to discover the message of the allegorical design of anger • Anger in the movies: suggested brief video to reflect on anger • No more thorns: activity to train ourselves on anger management in daily situations
<p>“LET’S KEEP CALM!” Hello patience</p>	<ul style="list-style-type: none"> • To increase the use of patience in relationships, overcoming our point of view in order to accept that of others. • To be aware of the positive and beneficial effects of patience in our relationships. 	<p>CHIARA LUBICH, Patience, from the talk “No to vices, Yes to virtues”, Gen 3 Congress 1973, Rocca di Papa, Text and Video</p> <p>CHIARA LUBICH, Excerpt from the February 1987 Word of Life, Text</p>	<ul style="list-style-type: none"> • The pyramid: game on acquiring patience • Patience at the time of Jesus: activity on the Gospel passage of forgiveness Mt 18, 21-35 • Moving into action: input on discovering people who bear witness to living patience, in our neighborhood, and learning from them

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<p>“DO I LACK A SENSE OF MODERATION?!?” Bye, bye gluttony</p>	<ul style="list-style-type: none"> •To be aware of the importance of caring for one's health, connected to healthy eating habits. •To identify the negative consequences of some wrong eating habits for people and the environment connected to us. 	<ul style="list-style-type: none"> • CHIARA LUBICH, Gluttony, from her talk “No to Vices, Yes to Virtues”, Gen 3 Congress 1973, Rocca di Papa, Text and Video • CHIARA LUBICH, Text taken from the Word of Life of February 1986 and March 1990. Gen 3 Centers 	<ul style="list-style-type: none"> • Go Go Go Gola (Gluttony): group game • Motor and educational game: To each country its plate • Inside the Image: activity to discover the allegorical drawing of gluttony. • Gluttony in Films: proposal of a video clip to reflect on gluttony • Tetris Challenge: Activity that helps in committing ourselves to use only what is necessary
<p>“THE RIGHT MEASURE” Hello temperance</p>	<ul style="list-style-type: none"> •To be aware that attention to the needs of others leads us to choose a lifestyle that is moderate and free from conditions 	<ul style="list-style-type: none"> •CHIARA LUBICH, Mortification, from her talk “No to Vices, Yes to Virtues”, Gen 3 Congress 1973, Rocca di Papa, Text and Video •FRANCESCO TORTORELLA, Economist, Gen 3 Girls Congress, Castel Gandolfo, 6 April 2012, “Three Suggestions to Live Temperance as a Lifestyle” 	<ul style="list-style-type: none"> • Stop, I’ll Stop: Game that trains us to make decisions as a team • “The Bread that He Gives”: WoL to take a common task and to live together for the goal “Zero Hunger”
<p>“I”M DYING TO HAVE..” Bye, bye envy</p>	<ul style="list-style-type: none"> •To recognize and be grateful for one’s resources and value and to accept with serenity one’s limits 	<ul style="list-style-type: none"> • CHIARA LUBICH, Envy, from her talk “No to Vices, Yes to Virtues”, Gen 3 Congress 1973, Rocca di Papa, Text and Video • CHIARA LUBICH, Make a Lot of Experiences. To the Gen 3 volume 1, 1970 	<ul style="list-style-type: none"> • My neighbor’s grass is always greener than mine: team game • Inside the Image: activity to discover the allegorical drawing of envy. • Envy in Films: proposal of a short film to reflect on envy • The Jars of Kindness: activity to make us commit ourselves in putting our qualities at the service of others

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<p>“ I LOVE THE ONE WHO IS NEAR TO ME” Hello kindness</p>	<ul style="list-style-type: none"> • To experience the joy for the gift that the others are for us with their skills and qualities 	<ul style="list-style-type: none"> • CHIARA LUBICH, Kindness, from “No to Vices, Yes to Virtues”, Gen 3 Congress 1973, Rocca di Papa, Text and Video • CHIARA LUBICH, commentary on the Gospel passage “But we had to celebrate and be glad... (Lk 15:32) 	<ul style="list-style-type: none"> • Let’s give a hand... or a foot: game of cooperation • Kindness in Films: proposal of a video clip to reflect on kindness and a short film on reciprocity • Kindness during the time of Jesus: activity with the Parable of the Good Samaritan • In discovering our talents: to move to action together
<p>“I DON’T LIKE IT AND I DON’T WANT IT!” Bye, bye laziness</p>	<ul style="list-style-type: none"> •To identify in which moments and with which behaviors we develop our laziness •To be aware of the consequences of our laziness to ourselves and to those who are near to us 	<ul style="list-style-type: none"> • CHIARA LUBICH, Sloth, from “No to Vices, Yes to Virtues”, Gen 3 Congress 1973, Rocca di Papa, Text and Video • CHIARA LUBICH, “The Voice of God,” <i>Every Moment is a Gift</i>, Rome 2008, pp. 87-88. 	<ul style="list-style-type: none"> • Who will free me from laziness?: team game • Inside the Image: activity to discover the allegorical drawing of laziness • The clock of time given: activity that helps us to devote our time to something useful for us and for others
<p>“I CAN DO IT MYSELF” Hello industriousness</p>	<ul style="list-style-type: none"> •To know how to observe and recognize who needs help near me: at home, in school, among my friends •To be conscious of the joy that we experience when we render some “service” to someone 	<ul style="list-style-type: none"> • CHIARA LUBICH, Industriousness, from “No to Vices, Yes to Virtues”, Gen 3 Congress 1973, Rocca di Papa, Text and Video • CHIARA LUBICH commentary on the Gospel passage: «For all those who have, more will be given, and they will be given in abundance; but from those who have nothing, even what they have will be taken away» (Mt 25:29) 	<ul style="list-style-type: none"> • Waiters’ Relay: team by game • Industriousness in Films: proposal of two video clips to reflect on industriousness • Activity on work by team • Who gives something to do in our city?: activity to look in our city for persons or associations who devote their free time for the service of others