

Aims

To strengthen the awareness of the importance and value of each person who lives beside us. To experience the joy of being the first to love, giving space to the other – his or her needs, what he or hse knows, and his or her opinion.



DISCOVER THE BEAUTY within you

GROUP LEADER GUIDE

Where we left off...

In the previous meeting, we committed ourselves to fight pride by removing one at a time the post-it that covered the picture of someone we love. Let us try sharing how it went.



- Did we succeed in freeing our drawing from the post-it?
- Can we recall how we felt when we were able to give space to others?
- Can we remember a significant experience? What was easiest and what most difficult?
- Is there any suggestion we can give to others so they will not fall into pride?
- Is there anything for which we would like to ask help or advice from others?



Giving space to others

AIM: To give one's place to someone else without having the "old self" of pride.

PLACE: outdoors or indoors

PLAYERS: four or more.

MATERIAL: none

TIME: 15 minutes or more

PROCEDURE: Within the game area, each player will choose a place (den) different from the others and will stay there (a corner, a place along the wall, a pillar...). The animator (or one of the youth) plays the part of pride. At the go signal, everyone changes places trying not to be caught by pride. To catch someone, the animator must touch him or her. Whoever is caught goes out of the game. The last remaining player will be the winner. The meaning of the game (to tell or guess) is to give space to the other... putting ourselves aside.

A variation can be made using some chairs as dens

Hello humility GROUP LEADER GUIDE

HUMILITY in movies

At the website http://assistentigen3.focolare.org you can download the video clip "Bridge" (silent). It highlights how pride can lead people to never give in to another person, and so not find a solution. Whereas, a small act of humility is enough to solve some situations.

DURATION: 2'21"			

We live this way

This year, in our class we were divided into study groups. In chemistry, which is the subject I like most, I wanted to be the organizer of the work and research. However, there were other classmates who liked this subject very much, and like me, they wanted to organize the study.

At the start, I was not completely ready to lose my idea and I really wanted to decide, to make everyone follow my ideas.... Finally, I was able to overcome myself and I let the others take the initiative, while continuing to participate actively. So I studied the topics they chose and everything went well.

C. - [Portugal]



You get involved too!

Every time you are able to say: "HELLO HUMILITY!" and "BYE, BYE PRIDE!", write down your experiences.

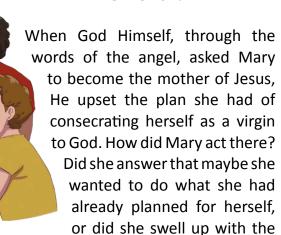
Send them to the World Gen 3 Centers centrogen3f@focolare.org | gen3m@focolare.org

These will go around the world and will encourage many others to tell Jesus in every neighbor, repeating with you: "I'LL GIVE YOU SPACE!"





HUMILITY



honour that was being offered to her? No, Mary replied with humility: "Behold, I am the handmaid of the Lord," I will obey his words." Mary was truly humble, because she considered herself small in front of God and she consented to His will without putting herself first, and this is just the opposite of what a proud person does.

Chiara

Chiara Lubich,

Gen 3 Congress, 1973, Rocca di Papa, "NO TO VICES, YES TO VIRTUES"

The video in Italian-English-Spanish and the international version of the PowerPoin presentation is available at the website http://assistentigen3.focolare.org

Get up in the morning and simply say: "I will be the first to love every person I meet during the day. I will love this one and that one, and will always be the first, be the first, be the first".

Always set out to be the first to love.

What a marvelous way to live!

It sets the tone, circulates the graces because when we love, we invite the Holy Spirit, who is full of immense light. Jesus says: "I will reveal myself to whoever loves me" (cfr Jn 14: 21). In fact, to love our neighbor means to love Him, who reveals Himself always with His light.

And many graces will rain down on us, so that at night we may be tired but happy.

Chiara

Chiara Lubich, Art of loving, Città Nuova, Rome 2005, p. 56

HUMILITY at the time of Jesus



Reference: Jn 13,14

Jesus washes the feet of his disciples

Together, let us enact this Gospel passage and prepare it for a group of children (Gen 4, parish group...) We can also share to them some of our experiences on humility and how we link this part of the life of Jesus to our life.

Moving into action

"Whoever wishes to become great among you must be your servant, and whoever wishes to be first among you must be slave of all." (Mk 10, 35-45)

Would you like to follow this advice of Jesus?

Then let's try it out. We will become great each time we are ready to serve a neighbor, also with our muscles!

Together, look for a person or a group or a place in your district or city where you can offer concrete service and plan how to reach goal!



DO YOU KNOW 6X1?

It is a way of experiencing, in a participative and effective way, the social actions that

the youth groups bring ahead in their own areas. Perhaps it is already being done in your community... it could be a chance for you to serve others in your city.



