



Beatitudes	Meeting Title	Goal	Introductory Activity	In depth	We live this way	I/we will try to:	At what point are we?
“Blessed are the poor in spirit, for theirs is the kingdom of heaven” (Mt. 5:3)	I WILL BE HAPPY ... if I have the courage to share!	To learn how to give and to receive , measuring our own needs against those of others.	Videoclip “The Power of Generosity”	Can you tell us about the culture of giving? Vera Araujo Loppiano May 28, 2002 I chose God alone Word of Life July 1979	<i>Gen 3 (Italy)</i>	Make a bundle. Identify a family or a classmate in difficulty to help concretely	Did I succeed in living concretely the culture of giving? With whom? What did I share? What has changed in me and around me?
“Blessed are the poor in spirit, for theirs is the kingdom of heaven” (Mt. 5:3)	WE WILL BE HAPPY ... if we have the courage to share!	To encourage the communion of goods - material, spiritual and talents - at the local and global levels	Game of cooperation and problem solving “GRABBING”	Leave more space to God Chiara Lubich, Rocca di Papa June 20, 1975 Everything in common Chiara Lubich Rocca di Papa June 25, 1968	<i>Gen 3 (Ecuador)</i>	Practice the communion of goods continually with the other Gen 3 Write some reflections or experiences on the culture of giving.	Did we set a date to periodically evaluate what we can put in common as a group? Have we shared to other youth and to the community the experience of the communion of goods?

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“Blessed are those who mourn for they will be comforted” (Mt. 5:4)	I WILL BE HAPPY ... if I make every obstacle a springboard!	To learn to recognise that the painful situations of life are a chance to meet Jesus.	Recognising suffering	<p>We can find God’s consolation in suffering. <i>Chiara Lubich Rocca di papa June 20th 1975</i></p> <p><i>You told us suffering brings true happiness. Can you explain to us why it’s like that?</i> Chiara Lubich Ai Gen 3 1996-2002 pag. 137-138.</p>	T. Serbia R.F. New Zealand R.H. El Salvador	<p>To believe God loves me and that He is even closer to me in the difficult moments.</p> <p>To be sensitive and be close to the one near me who is suffering .</p>	<p>Have I felt sad? Why?</p> <p>Have I managed to build a relationship with Jesus when I suffer?</p> <p>Have I noticed anyone suffering around me?</p>
“Blessed are those who mourn for they will be comforted” (Mt. 5:4)	WE WILL BE HAPPY IF... we make of every obstacle a springboard!	To be sensitive to the difficulties of others, locally and globally , so as to be of a help and a consolation to those who suffer.	Specific Actions	<p>Silvana Veronesi <i>It was war time...</i> she recounts the beginning of the Focolare Movement in Trent. Pag 35-36</p> <p>“Knowing how to cry with the others” Apostolic Exhortation Gaudete et Exsultate Pope Francis</p>	S. Costa Rica M. Thailand	<p>Organise a moment together to console people who are suffering.</p> <p>To live the communion of goods so as to bring material help to someone in difficulty .</p>	<p>Have you identified occasions in which to console those who suffer?</p> <p>Have we relaunched the Communion of goods?</p> <p>Have we shared this experience with other teens in the world?</p>

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“Blessed are the meek for they will inherit the earth” (Mt 5:5)	I WILL BE HAPPY IF ... i conquer evil with good	To learn to recognise and to deal calmly with situations which provoke violent behaviour in us and /or in others.	Role play	Conquer with meekness <i>Chiara Lubich</i> <i>Rocca di papa</i> <i>June 20th 1975</i> “React with humble meekness” Apostolic Exhortation Gaudete et Exsultate Pope Francis	T.K. New Zealand M.T. USA	Avoid impulsive actions or reactions. Patiently resist the desire to get your own back Live daily the 6 points of the art of loving.	In what situations did I manage to respond to evil with good? Did I manage to control my temper in situations which normally would irritate me?
“Blessed are the meek for they will inherit the earth” (Mt 5:5)	WE WILL BE HAPPY ... if we overcome evil with good	Take an interest in getting to know situations of violence that exist in the world, globally (wars, terrorism) and locally (bullying, crime). Examine the valid alternative solutions which are being encouraged by the city, the State and other Movements.	Together we can make it (Videoclip and reflection)	In the world but not of the world Chiara Lubich To the community of the zone of Rome. Marino 09.04.2000	A.C. Brazil T. Romania	Try to find a way to resolve with dialogue situations of violence that we are living and/or that we see around us. Support all that others are doing to promote welling being and peace.	Did I speak out to resolve a situation of violence close to me? Are we supporting non violence campaigns in the places we find ourselves?

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“Blessed are they who hunger and thirst for righteousness, for they will be satisfied” (Mt. 5,6)	I WILL BE HAPPY IF...I love justice!	To identify daily situations in which we can experience and guarantee justice and become aware of one’s responsibility.	On the side of what is just	True justice Chiara Lubich, Rocca di Papa June 20, 1975	M. (Costa Rica)	Identify some daily actions in which you can practice justice	Did I live justice in the daily actions that I set out to do? How can we involve T4U and other teens in the city to live and spread justice?
“Blessed are they who hunger and thirst for righteousness, for they will be satisfied” (Mt. 5,6)	WE WILL BE HAPPY IF...we love justice!	To become aware of the possibility to commit oneself , as individuals or as a group, to realize justice worldwide .	Injustice in the world	To obtain the hundredfold Chiara Lubich Castelgandolfo June 22, 2000 Against hunger, let’s change life Luigino Bruni, Castelgandolfo February 3, 2005	E. (Colombia)	Identify a project TEENS FOR TEENS and a concrete action to do to support it	Were we able to link with other persons who live for a more just world? Did we involve other people in our city together with T4U in a concrete action?

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“Blessed are the merciful, for they will receive mercy” (Mt 5:7)	I WILL BE HAPPY ... if I am able to forgive	<p>To grow in the certainty that God loves me as I am and He is always ready to forgive me and to welcome me.</p> <p>To learn to forgive others having as the yardstick the Love of God for us.</p>	<p>Sharing around the word “forgiveness”.</p> <p>Merciful like the Father</p>	<p>Open our hearts Chiara Lubich <i>Rocca di papa June 20th 1975</i></p> <p>Forgive and Warn Chiara Lubich</p> <p>Ai Gen 3 1996-2002 pag. 131-132.</p> <p>Psychological tips: To forgive yourself</p>	<p>M. New Zealand</p> <p>D. Slovakia</p> <p>I.H. Mexico</p>	<p>To remind myself how much God loves me and forgives me.</p> <p>Relate to the person who has hurt me so as to rebuild the relationship.</p> <p>Be always more aware of how much my words and my attitudes can hurt.</p>	<p>Have I managed to forgive today?</p>
“Blessed are the merciful, for they will receive mercy” (Mt 5:7)	WE WILL BE HAPPY IF ... we help others to forgive	<p>Seek out those situations in our daily life and those situations in society where mercy is most needed.</p> <p>Be active in helping others to forgive and to ask for forgiveness.</p>	<p>Mercy and forgiveness.</p>	<p>The golden rule Chiara Lubich Coloriamo la Città p. 10</p> <p>Psychological tips: Forgiveness, the wisdom of life</p> <p>Testimonies of reconciliation Colombia, Belfast, Northern Ireland. Armoy , Northern Ireland.</p>	<p>N. S. And L. Holy Land</p> <p>N. Croatia</p>	<p>Listen to and try to help those who have argued.</p> <p>Be instruments of reconciliation among friends, relatives ...</p>	<p>Did I manage to help someone to forgive?</p>

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“Blessed are the pure of heart, for they will see God” (Mt. 5,8)	I WILL BE HAPPY IF...I protect God in me and in others	To become aware that our relationship with God is a precious good to protect. To deepen the concept of purity in human relations and to conduct a lifestyle that respects the dignity and the freedom of the person.	Digital photography	Enjoying God’s presence Chiara Lubich, Rocca di Papa June 20, 1975 Never give up Chiara Lubich Città del Messico, June 8, 1997 Putting God back in fashion Chiara Lubich Rocca di Papa March 27, 1976	N. (Holland) P. (Brazil)	Dedicate 10’ each day for my relationship with God I will pay attention in order to “see God” in others and to treat with respect the persons I shall meet.	Did I keep alive the awareness that God loves me and welcomes me unconditionally? Did I try to transmit to others through my actions, the respect and love of God for each one of them?
“Blessed are the pure of heart, for they will see God” (Mt. 5,8)	WE WILL BE HAPPY IF...we know how to create our own trend	To learn how to discern what can endanger purity in heart. To strengthen our will to make choices according to our own values.	Role play	On the attack with love Chiara Lubich Buenos Aires, April 12, 1998 To set an example with deeds Chiara Lubich Naples May 3, 1996	O. (Germany) M. (Brazil)	Did I make other youth and teenagers rediscover going against the current?	Did I have an opportunity to act according to my convictions? In situations when I was in doubt or have to make decisions, did I ask the other gen or my gen assistant for their opinion and support?

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"Blessed are the peacemakers, for they will be called children of God" (Mt. 5,9)	I WILL BE HAPPY IF...I learn to build peace	To recognize the daily situations wherein we can build peace as individuals, thereby getting involved in doing something.	The seven words of peace	<p>To put charity into action Chiara Lubich Marino June 20, 1997</p> <p>Keep the family together Chiara Lubich, Marino May 10, 1997</p>	A. (Italy) M. (Serbia)	Let us take on certain situations in which we can become builders and ambassadors of peace	<p>Did I try to do something to overcome attitudes that prevented peace in my daily life?</p> <p>Did I reconcile with the person I had a disagreement?</p>
"Blessed are the peacemakers, for they will be called children of God" (Mt. 5,9)	WE WILL BE HAPPY IF...we learn to build peace	To promote and spread the culture of peace in the environments where we are, to involve others in our commitment.	Let's vote for peace	<p>Un cammino per la pace Chiara Lubich Castel Gandolfo June 6, 1987</p> <p>The world tends towards unity Chiara Lubich Marino May 10, 1987</p>	H. (Holy Land)	<p>Point out on a world map the lands where these conflicts are going on.</p> <p>Let's do the TIME OUT, to have at heart what these nations are suffering.</p>	Were we able to communicate and involve other T4U in building peace? In what way and in which activities?

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"Blessed are those who are persecuted for righteousness' sake, for theirs is the Kingdom of heaven " (Mt 5:10)	I WILL BE HAPPY IF ... I have the courage to go against the current.	To have the courage to 'go against the current', declaring your own ideas and tackling the injustices of daily life.	What do you choose?	<p>You cannot serve two masters <i>Chiara Lubich</i> <i>Rocca di papa June 20th 1975</i></p> <p>Against the current: Chiara Lubich: Rocca di Papa 29.11.1977 Congress for Gen 3 Leaders Marino 10.05.1997 Gen 3 Supercongresso Mexico City 8 giugno 1997</p>	A. Philippines A.K. Democratic Republic of Congo	<p>Avoid judgements.</p> <p>Remember that Jesus was mocked and persecuted</p> <p>Experience the strength of going against the current and and the certainty that Jesus is on my side.</p>	<p>In what situations did I manage to be just and true to with myself?</p> <p>Did my going against the current have an impact around me?</p>
"Blessed are those who are persecuted for righteousness' sake, for theirs is the Kingdom of heaven " (Mt 5:10)	WE WILL BE HAPPY IF... we have the courage to go against the current	<p>In our cities or Nation what situations of injustice oppress individuals or entire social groups?</p> <p>Who is already doing something to improve the situation?</p> <p>Let us unite with those who are working for the common good so as to be spokespersons for the weakest.</p>	<p>Against injustice</p> <p>Video clip and reflection</p>	<p>Our pathway against the current Apostolic exhortation Gaudete et Exsultate Pope Francis</p> <p>Testimonies of going against the current Paraguay Kenya.</p>	L. Italy V. Italy	<p>Open our eyes to the injustices in our city and discover those who are already working for justice</p> <p>Promote peace through time-out and the dice of peace</p>	<p>Have we identified an injustice around us? Have we managed to undertake an action?</p> <p>Have we undertaken an action for the project #zerohunger?</p>